

Storage Location & Emergency Card

Storage Location

- Here you can note where you keep your emergency documents so that they are easy to find:

(precise description of the location including address)

- You can also write down the storage location on a note card in your wallet (see emergency card below)

Emergency documents for home

Emergency box in the fridge:

- small plastic box with the most important information about your illnesses, medication and emergency contacts for the emergency services on a piece of paper
- helpful: notice about the presence of the emergency box on the front door of your home

Emergency instructions:

- What should be done in an emergency? Example: Should resuscitation be performed in case of cardiovascular arrest?
- Background information (serious pre-existing conditions, personal experience)
- Reference to existing living will
- Details of power of attorney/consultant (if applicable)
- Signature of you and your doctor (binding for the emergency team)

Emergency documents to take with you

Emergency card (e.g. in your wallet)

- What should be done in an emergency, who should be notified?
- Information e.g. on existing living will, pre-existing conditions, allergies